

## Professionals with experience of working with people with disabilities.

This a list of professional people who have had experience of working with people with disabilities. I am not recommending them but it maybe helpful to refer to if you need some help with musculoskeletal issues.

This list was created in 2013, please let me know if any details are incorrect. Sue Kent [enjoyfeet@gmail.com](mailto:enjoyfeet@gmail.com)

First Name	Surname	Role	email	Location	Clinic/Hospital			Postcode	Tel	Website
<b>Doctors</b>										
Nick	Webborn	Doctor	<a href="mailto:nickwebborn@sportswise.org.uk">nickwebborn@sportswise.org.uk</a>	Eastbourne	Sportswise	Carlisle Road	Eastbourne	BN20 7SN	01323745970	<a href="http://www.sportswise.org.uk">www.sportswise.org.uk</a>
Patrick	Wheeler	Doctor	<a href="mailto:patrickwheeler@doctors.org.uk">patrickwheeler@doctors.org.uk</a>	Leicester	Sport & Exercise Medicine Leics. General Hospital	Gwendolen Road	Leicester General Hospital	LE5 4PW	0116 2588101	
Richard	Weiler	Doctor	<a href="mailto:rmw111@yahoo.com">rmw111@yahoo.com</a>	London	Consultant Physician in Sport and Exercise Medicine	Fortius Clinic in Central London and Spire Bushey Hospital,				
John	Rodgers	Doctor	<a href="mailto:susie.wright@bupa.com">susie.wright@bupa.com</a>	Manchester	Bridgewater Hospital	120 Princess Road, Manchester		M15 5AT	0161 2543310	
Jane	Dunbar	Doctor	<a href="mailto:janedunbar@doctors.org.uk">janedunbar@doctors.org.uk</a>	Stirling	Framework Clinic	109 Henderson Street,	Bridge of Allan.	FK9 4HH	01786 831100	<a href="http://www.frameworkclinics.co.uk">www.frameworkclinics.co.uk</a>
John	Tanner	Doctor	<a href="http://www.ovingclinic.co.uk">John@ovingclinic.co.uk</a>	West Sussex	Oving Clinic	Church Lane	Oving	PO20 2 DG	01243 773167	<a href="http://www.ovingclinic.co.uk/">http://www.ovingclinic.co.uk/</a>
John	Tanner	Doctor	<a href="http://www.ovingclinic.co.uk">John@ovingclinic.co.uk</a>	Guildford	Blackberry Bupa health Clinic, Chertsey Rd, Guildford	Chertsey Rd	Guilford			<a href="http://www.blackberryclinic.co.uk/blackberry-clinic-guildford">www.blackberryclinic.co.uk/blackberry-clinic-guildford</a>
<b>Physiotherapists</b>										
Rory	Brown	Physiotherapist	<a href="mailto:roxy.brown@smuc.ac.uk">roxy.brown@smuc.ac.uk</a>	SW London	St Mary's University College,	Waldegrave Road, Strawberry Hill	Twickenham,	TW1 4SX		<a href="http://smuc.ac.uk">http://smuc.ac.uk</a>
Jo	Hipkiss	Physiotherapist	<a href="mailto:jobu103@hotmail.com">jobu103@hotmail.com</a>	Southampton	Pure Physio	Claypits Lane	Southampton	SO45 5TN	023 8184 6867 M 07765 001733	<a href="http://www.purephysio.co.uk">http://www.purephysio.co.uk</a>
David	Merlin	Physiotherapist	<a href="mailto:djmatwrfc@hotmail.com">djmatwrfc@hotmail.com</a>	Oxfordshire	The Taft Physiotherapy Practice.		Bromsgrove			<a href="http://www.taftphysio.co.uk">http://www.taftphysio.co.uk</a>

Paula	Fenton	Physiotherapist	<a href="mailto:paula_fenton@hotmail.com">paula_fenton@hotmail.com</a>	NW England/Manchester						
Louise	Preston	Physiotherapist	<a href="mailto:louisehpreston@hotmail.co.uk">louisehpreston@hotmail.co.uk</a>	Wolverhampton						
Ali	Nagata	Physiotherapist	<a href="mailto:achillesheal@ntlworld.com">achillesheal@ntlworld.com</a>	Stafford	Achilles Heal Physiotherapy & Sports Injury Clinic	32 Mill Bank	Stafford	ST16 2QT	01785 241141	<a href="http://www.achillesheal.co.uk">http://www.achillesheal.co.uk</a>
Stewart	Kerr	Physiotherapist	<a href="mailto:stewart.kerr@physiofocus.com">stewart.kerr@physiofocus.com</a>	Stirling						
Seonaid	Airth	Physiotherapist	<a href="mailto:seonaid.airth@physiofocus.com">seonaid.airth@physiofocus.com</a>	Stirling	info@physiofocus.com					<a href="http://www.physiofocus.com">www.physiofocus.com</a>
Darren	James	Physiotherapist	<a href="mailto:Darren.James@circlebath.co.uk">Darren.James@circlebath.co.uk</a>	Bath	CircleBath Hospital	Bath Business Park, Foxcote Avenue	Bath	BA2 8SQ	01761422388	
Paul	Martin	Physiotherapist	<a href="mailto:paul@physioremedies.com">paul@physioremedies.com</a>	London						
Morag	Sheridan	Physiotherapist	<a href="mailto:morag_lambert@hotmail.co.uk">morag_lambert@hotmail.co.uk</a>	Manchester						
Penny	Macutkiewicz	Physiotherapist	<a href="mailto:info@theperformanceclinic.co.uk">info@theperformanceclinic.co.uk</a>	North East	The Performance Clinic		Sunderland			<a href="http://www.theperformanceclinic.co.uk">www.theperformanceclinic.co.uk</a>
Johanne	Wilson	Physiotherapist	<a href="mailto:Johanne.Wilson@SportsMedicineCentre.org">Johanne.Wilson@SportsMedicineCentre.org</a>	Glasgow						
Ian	Blackburn	Physiotherapist	<a href="mailto:info@elitephysio.co.uk">info@elitephysio.co.uk</a>	Sheffield, Bingley	Cottingley Manor Consulting Rooms	Cottingley New Road	Bingley	BD16 1TZ	T: 07805717042	<a href="http://www.elitephysio.co.uk">www.elitephysio.co.uk</a>
Dylan	Morrissey	Physiotherapist	<a href="mailto:d.morrissey@qmul.ac.uk">d.morrissey@qmul.ac.uk</a>	London	BMI London Independent	Beaumont Square	London	E1 4NL		
Rosie	Mew	Physiotherapist	<a href="mailto:rosiemew@yahoo.com">rosiemew@yahoo.com</a>	London						
Laura	Penhaul	Physiotherapist	<a href="mailto:laurapenhaul@hotmail.com">laurapenhaul@hotmail.com</a>	London						
Tom	Mitchell	Physiotherapist	<a href="mailto:tgcmitchell@googlemail.com">tgcmitchell@googlemail.com</a>	Sheffield						
Camilla	Curtis	Physiotherapist	<a href="mailto:info@sprintphysio.co.uk">info@sprintphysio.co.uk</a>	London						
Ruth	Johnson	Physiotherapist	<a href="mailto:d.rjohnson@btinternet.com">d.rjohnson@btinternet.com</a>	Huddersfield					07919 558874	
Charlie	McCall	Physiotherapist	<a href="mailto:charliemc79@aol.com">charliemc79@aol.com</a>	London						
Kasia	Zielina	Physiotherapist	<a href="mailto:info@physiosolutions.co.uk">info@physiosolutions.co.uk</a>	London	The Physio Solutions	23 Baron Street	Islington	N1 9ET	020 7713 7780	<a href="http://www.physiosolutions.co.uk">www.physiosolutions.co.uk</a>
Ann	Gattridge	Physiotherapist / Pelvic specialist	<a href="mailto:morethanphysio.anngrattidge@gmail.com">morethanphysio.anngrattidge@gmail.com</a>	Swansea	Morethanphysio	Mumbles	Swansea		01792 363633	<a href="http://www.morethanphysio.co.uk">http://www.morethanphysio.co.uk</a>
Carol	Adkins	Physiotherapist	<a href="mailto:info@berkshirephysio.co.uk">info@berkshirephysio.co.uk</a>	Reading	Berkshire Physiotherapy	2-4 Pond Head Lane	Wokingham Road	RG6 7ET	0118 966 8601	<a href="http://www.berkshirephysio.co.uk">http://www.berkshirephysio.co.uk</a>

<b>Pilates</b>										
Fera	Smith	Pilates	<a href="mailto:feragy@yahoo.com">feragy@yahoo.com</a>	Swansea		27 Victoria Avenue	Mumbles	SA3 4NG		<a href="https://www.facebook.com/PilatesStudioSwansea">https://www.facebook.com/PilatesStudioSwansea</a>
Trevor	Strutt	Pilates Osteopath	<a href="mailto:trevor@bridgehampilates.com">trevor@bridgehampilates.com</a>	Crawley	Bridgeham Clinic	Rectory Farmhouse, Ifield Street, Ifield	Crawley, West Sussex	RH11 0NN	01293 542245	<a href="http://bridgehamclinic.com">http://bridgehamclinic.com</a>
Jo	Strutt	Pilates	<a href="mailto:jo@bridgehampilates.com">jo@bridgehampilates.com</a>	Crawley	Bridgeham Clinic	Rectory Farmhouse, Ifield Street, Ifield	Crawley, West Sussex	RH11 0NN	01293 542245	<a href="http://bridgehamclinic.com">http://bridgehamclinic.com</a>
<b>Message Therapists</b>										
Mari	Evans	Massage	<a href="mailto:mari@marievans.orangehome.co.uk">mari@marievans.orangehome.co.uk</a>	Swansea		Glaise	Swansea			
Sue	Kent	Sports Massage	<a href="mailto:enjoyfeet@gmail.com">enjoyfeet@gmail.com</a>	Swansea	Massage by Feet	Stanley Street	Mumbles	SA3 4NE	M 07786848175	<a href="http://www.enjoyfeet.co.uk">www.enjoyfeet.co.uk</a>
Kate	Barnard	Sports Massage	<a href="mailto:barnard_kate@hotmail.com">barnard_kate@hotmail.com</a>	Bedford					M 07763244666	
Liz	Ward	Sports Massage	<a href="mailto:liz@sportinjurymanagement.co.uk">liz@sportinjurymanagement.co.uk</a>	Saffron Walden,	Sports Injury Management	Saffron Walden,	Essex	CB10 2AA		<a href="http://www.sportinjurymanagement.co.uk/">http://www.sportinjurymanagement.co.uk/</a>
Ian	Mulrooney	Structural Integrator/ Sports Injury Therapist	<a href="mailto:Ian.Mulrooney@olisticopotenza.com">Ian.Mulrooney@olisticopotenza.com</a>	York	The Hovingham Clinic	Main Street, Hovingham,	Nr York	YO62 4LF	01653 627132	<a href="http://www.smartway2fitness.co.uk/about/">http://www.smartway2fitness.co.uk/about/</a>
				York	The Eco Centre	Clifton Moor	Nr York	YO30 4AG	07548 267108	<a href="http://www.smartway2fitness.co.uk/about/">http://www.smartway2fitness.co.uk/about/</a>

The information and advice presented in these pages was developed by beneficiaries and advisers as a result of their participation in the Fit for the Future event held in April 2016. It is based on the advice and experience of those living with Thalidomide damage and those who work alongside them.

It is always advisable to talk to your own GP before embarking on an exercise or diet regime. The Health & Wellbeing team at the Trust are also available to support you with all aspects of living well and can provide further information and advice based on your specific needs. Please don't hesitate to contact them on 01480 474074.